



### Team Event Rules

Urban Cheer UK invites Dance Schools and Dance Squads to compete in age-group organised team events where they will perform their own URBAN or POM style choreography to a music track of their own choice. Poms are compulsory for the Pom Section however not required for Urban team dance

Each age-group may feature a small team category (between 6 and 12 dancers) and a large team category (between 13 and 20 dancers). However, if there are limited entries in the team section the split will not apply. Urban Cheer UK accepts that these numbers may be affected by injury/illness immediately prior to the competition.

Competition applications should be submitted via the Competition Entry Form which includes the team name; team size, named team members (with ages on competition day) and the age group category required. Age group categories are as follows:

- 5 Years & Under
- 7 Years & Under
- 9 Years & Under
- 11 Years & Under
- 13 Years & Under
- 15 Years & Under
- 16 Years & Over

The age group category for teams will be determined by the oldest team member and proof of age MAY be required for verification purposes.

Music must be emailed in MP3 format to [info@urbancheeruk.com](mailto:info@urbancheeruk.com) one week prior to the competition. Please also include in the email the team name and age category.

The dance duration for team category must not exceed 2 minutes and 30 seconds.

All choreography and music should be appropriate for the age group of the team and the audience.

Teachers/Coaches are asked not to stand in front of their teams whilst they are performing unless the team is of an age that requires such guidance.



Tricks are permitted in Urban team choreography. The following are not permitted in Pom teams - Lifts and tumbling. Similarly, equipment and props are NOT permitted.

Dancers may only take part in one team event. Qualified dance teachers are NOT permitted to participate as team members.